

Jeffrey Bland Video Blog Transcript
2/24/2008

Disclaimer: The information given and discussed in these materials is for research and education purposes only and is not intended to prescribe treatment.

Occasionally in *Functional Medicine Update* over the last 27 years we've had something happen that is just remarkable. This is one of those occasions because our April 2008 issue is going to be a blockbuster.

We have had the opportunity to interview Dr. James Wright at the University of British Columbia School of Medicine. He is the principal person who is discussed in the article that appeared in *BusinessWeek* around Lipitor. Boy, what he has to tell us is absolutely profound for primary prevention of cardiovascular disease. I think when you hear his message related to what he considers to be the inappropriate conclusion that statins actually are the primary prevention agents for cardiovascular disease that they have been believed to be—that this is actually not supported by data.

You're going to have a very, very interesting reflection on a lot of the assumptions we made about pharmacotherapy for the prevention of cardiovascular disease. I think you'll find this issue to be groundbreaking. I think it will give news-to-use. And I think it is going to open the door for further discussion about how statins really do, in fact, play a role in the primary prevention of disease, and whether, in fact, the better influence is that of diet, lifestyle, and exercise therapy, which has been proven both safe and effective as primary therapy for this family of disorders.

For those of you who are looking forward to your April issue, you are not going to be disappointed. This is going to be a remarkable new addition to the annals of *Functional Medicine Update*. Thanks for being with us.